

# PREPARATORY SCHOOL SPRING CANTEEN MENU TERM 4 2024

brought to you in partnership with Chartwells

if you have any allergens or dietary needs, please order through the special's menu on MSA or speak to our friendly staff members who can give advice.

the canteen is open after school from 3.00pm to 3.30pm Monday to Thursday

9442 1583

canteen@ccgs.wa.edu.au

prices may alter without prior notice

lunch orders cannot be taken via email or phone

## DAILY LUNCH SPECIALS

### MONDAY

lamb massaman curry, with steamed rice \$8.5

pumpkin ravioli with tomato sauce & cheese \$8.5

Mrs mac sausage roll \$5.5

### TUESDAY

steamed rice \$8.5

Mexican bean nacho box with avocado, salsa, cheese & sour cream \$8.5

#### WEDNESDAY

charred chicken with nut free satay, Asian greens
& steamed rice \$8.5
seared haloumi panini with tomato, onion jam
mayonnaise & lettuce \$8.5

## **THURSDAY**

char sui tofu with Asian greens, toasted sesame

& coconut rice \$8.5

three cheese pizza bread with tomatoes, capsicum & basil \$8.5

### **FRIDAY**

Mrs mac sausage roll \$5.5 Mrs mac beef pie \$6.0

## sandwiches and wraps

assorted sandwiches \$6.5
assorted rolls \$8
assorted wraps \$7.0
selection of fillings made fresh daily
chicken, egg, ham, tuna, salami, beef, turkey, mixed salad, cucumber, lettuce, tomato, cheese, avocado, carrot, onion, mayonnaise, mustard, pickle.
vegemite/jam/honey sandwich \$3.5

# light bites

corn chips with tomato salsa	\$4.5
rice crackers with tuna	\$5.0
vegi stixs & dip pots	\$4.0
picnic box	\$7.5



# PREPARATORY SCHOOL SPRING CANTEEN MENU TERM 4, 2024

brought to you in partnership with Chartwells

if you have any allergens or dietary needs, please order through the special's menu on MSA or speak to our friendly staff members who can give advice.

The canteen is open after school from 3.00pm to 3.30pm Monday to Thursday

9442 1583

canteen@ccgs.wa.edu.au

prices may alter without prior notice

lunch orders cannot be taken via email or phone

SUSHI		DRINKS	
sushi roll (5 pieces)	\$7.0	water 600mL	\$2.7
cooked tuna, vegetable, teriyaki c <mark>hicken</mark>		sparkling water 600mL	\$3.6
FRUIT		pump 750mL	\$5.0
fruit salad cups	\$5.5	flavoured milk 300mL	\$4.2
piece of fruit	\$1.5	flavoured milk 600mL	\$6.2
piece of fruit	<b>\$1.5</b>	hiLo milk 225mL	\$4.0
S <mark>N</mark> ACKS		fuze peach tea 500mL	\$5.5
yog <mark>h</mark> urt	\$3.2	quelcher juice 450mL	\$4.7
yogo	\$3.7	fruit juice box	\$3.0
jelly cup	\$3.5	up & go 350mL	\$5.5
apricot bites	\$3.0	glee 250mL	\$3.8
grain waves	\$3.2	pump 1L	\$6.0
red rock cri <mark>sps</mark>	\$3.5		
<b>c</b> heese and crackers	\$3.5	ICE CREAMS	
<b>p</b> opcorn	\$3.2		42.0
beef jerky 25g	\$5.0	zooper Dooper	\$2.0
beef jerky 50g	\$6.5	moosie	\$3.0
sauce sachets	\$0.5	lemon / raspberry icy pole	\$3.3
DAKEDY		vanilla bucket	\$2.8
BAKERY		froyo	\$3.5
muffin of the <mark>day</mark>	\$5.5	milo Cup	\$5.5
pastry of the <mark>day</mark>	\$5.5		
banana bread	\$5.5		
giant cookie	\$4		